



Dear parent/carer,

It is a privilege to see students arrive at our school as children, and leave it as young adults. This half term, I have seen both the beginning and the end of that journey.

Although those lockdown days are already fading into memory, it is important to remember that our Year 11 undertook a significant proportion of their secondary education remotely. Whilst many of them continue to feel the impact of this disruption, their resilience and determination is to their huge credit. Looking at the young adults in the class of 2023 - I feel very hopeful and optimistic about the future. If anyone can make a positive difference, it is them.

We also welcomed next year's Year7 students and their families into the Bourne community. We await their formal start with us in September.

Alongside this, we have been busy with a variety of activities this term as you will no doubt read below. These events are important in our calendar, and a vital part of our curriculum.

They help embed our values of kindness, respect and determination; give our students opportunities to broaden their horizons, develop skills, and build their character and confidence in new settings and different environments. Through a combination of "basecamp" activities in Fort Purbrook, day trips & residential and numerous afterschool enrichment activities we provide a huge range of opportunities that fit our student's interests and enthusiasms.

To quote one of our students - 'there's something for everyone'. We hope that students will make memories for a lifetime.

The photos below give just a sample of some of the things our students got up to over the course of the term! Please celebrate these feats with your child and do encourage them to further widen their participation.

Thank you for your ongoing support and encouragement. We value your feedback.

I wish you a safe and an enjoyable summer break.

Mrs. A Sharma
Headteacher

Bourne Prom 2023



The Village Hotel Cosham

“We were immensely proud to hold a celebration for our students at Prom 2023. Students and staff had such a great evening at the Village Hotel, arriving in the most amazing fashion, cars and even a tractor! It was such a delight to see the students having an incredible time and to hear about their exciting plans for their future. We wish them all the best and know they will continue to be excellent”.

Miss Chappell
Leader of Year 11







Exciting News



Congratulations to Mr And Mrs Acquah!

Huge congratulations to our very own Mr and Mrs Acquah who tied the knot over the May Half Term! We are absolutely delighted for them and know you will join us in wishing them every happiness.



Year 10 Geography Field Trip To Brighton

Year 10 Geography students conducted their Physical Geography fieldwork in Brighton, Tuesday 6th June. Our students thoroughly enjoyed investigating the effectiveness of groynes in reducing longshore drift. Then we moved to Brighton Marina to assess how successful the redevelopment of the Marina has been by completing land use surveys, quality of the environment surveys and questioned members of the public. The weather was fantastic, we even managed to spend 30 minutes in the north lanes before catching the train home.

Mrs James
Leader of Humanities





Power And The Glory In A Medieval Church

“Year 7 History students have been studying ‘The Power and the Glory’ in medieval Churches. Over three lessons they have gathered evidence about the power of the Church, how the Church gave people hope and how the Church helped people. They created cards with this information on to use in a board game which they created at home. In the fourth lesson they played each other’s games; consolidating their knowledge of the medieval Church and having fun at the same time. We also had a visit from our Korean teachers who were lucky to have witnessed the students work and even got to try out the games with the students.”

Mrs McGarry
Assistant Leader of Humanities





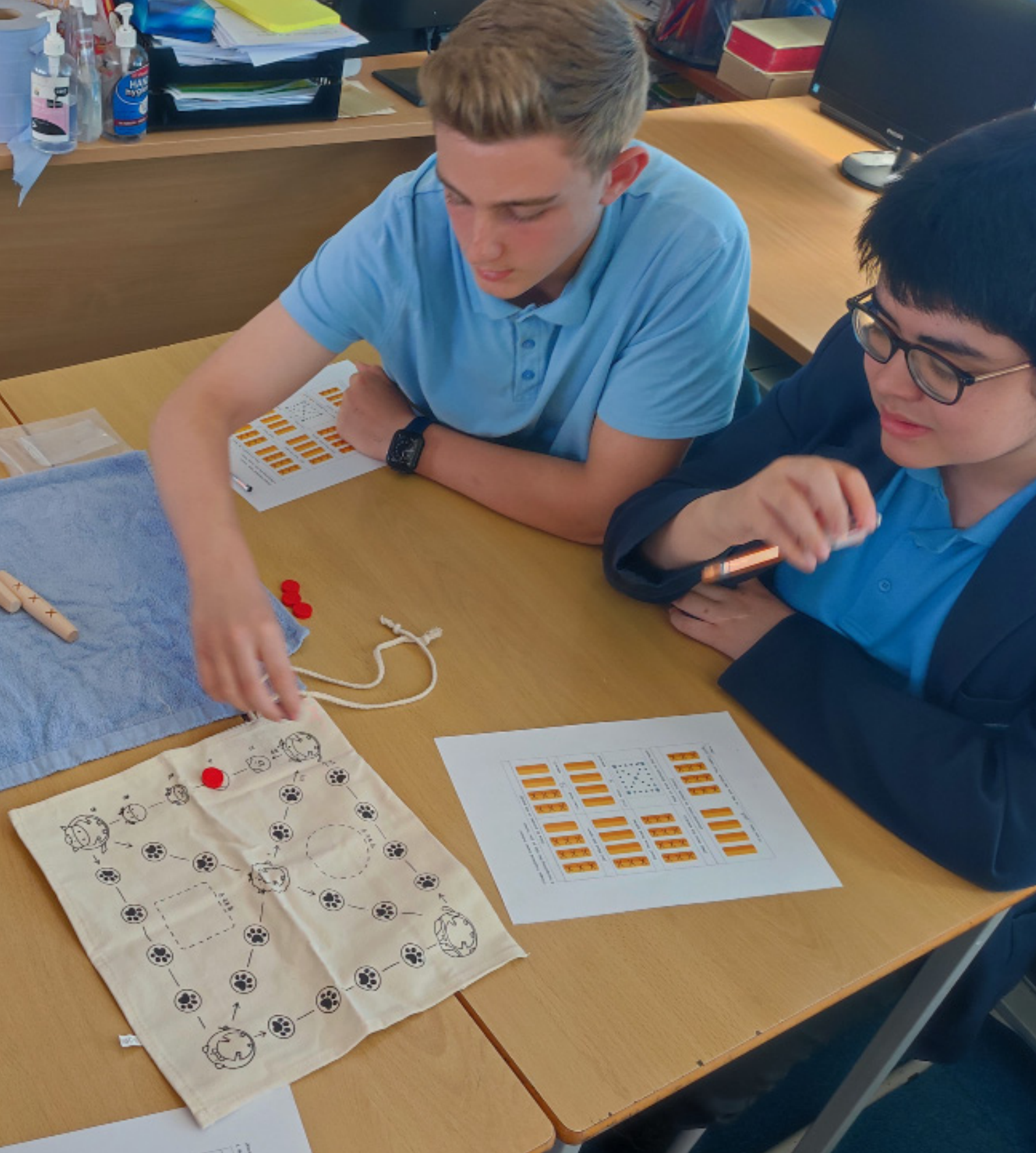
Futbol Lingo

“The Modern Foreign Languages department invited the company ‘Futbol Lingo’ into school, who enlightened our students on the importance of foreign languages in the world of football. Pierce and Mark, both professional football coaches and linguists, created ‘Futbol Lingo’ during the first lockdown to help footballers learn some key words and phrases in the language of the country they were playing. Our inspirational visitors delivered an assembly to our Year 8 students demonstrating the importance of speaking more than one language.

Students then worked in groups throughout the day to practise French and Spanish vocabulary through activities linked to football. Each session ended with a warm-up and game of football, where students were only allowed to use French or Spanish to communicate with each other. Students had a lot of fun while getting a better understanding of why it is so important to learn foreign languages, in football of course, but also in any area of life, professional or personal”.

Mrs Riedmuller
Leader of MFL





Year 9's Yutnori

“Bourne Community Colleges Korean visitors introduced our students to game of Yutnori; a popular Korean traditional board game, believed to be almost 5000 years old, that mixes strategy and numeracy skills. Students thoroughly enjoyed the game and immersing themselves in Korean culture”.

Miss Patrascu
Leader of Spanish and International Co-ordinator



Korean Culture And Traditional Clothing

“Our Year 7 and Year 10 students had great fun learning about the Korean culture and traditional clothing. They got to make an origami Hanbok and then wear an actual one. The Hanbok is commonly worn by Koreans during major holidays, birthday celebrations and weddings. Students also received a polaroid photo with a personalised message from the Korean teachers”.

Miss Patrascu
Leader of Spanish and International Co-ordinator





Korean Teacher Farewell

“It was an absolute pleasure hosting 5 incredible teachers from South Korea for a whole week. They delved into the nuances of education and the school day in England, while our students soaked up Korean culture, food and games. A fantastic learning opportunity for all!

Looking forward to staying connected and collaborating again in the future”.

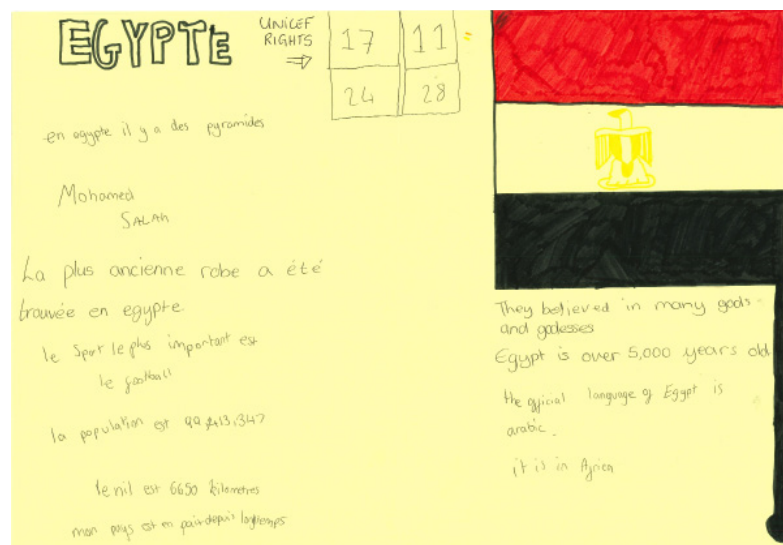
Miss Patrascu
Leader of Spanish and International Co-ordinator

La Francophonie

As part of our scheme of work, Year 9 French students have been learning about “la Francophonie” and more specifically about French speaking countries in Africa. We discussed colonisation and why so many countries on the African continent are French speaking. Students worked in small groups and carried out research on an African country of their choice. They were asked to link their findings to the United Nations Convention on the Rights of the Child, as part of our school commitment to this.

I am very proud of their engagement in these lessons and the work they have produced. Well done Year 9!”

Mrs Riedmuller
Leader of MFL





WE'RE AN
AWARD-WINNING
GLOBAL SCHOOL



Bronze School Award From Global School Alliance

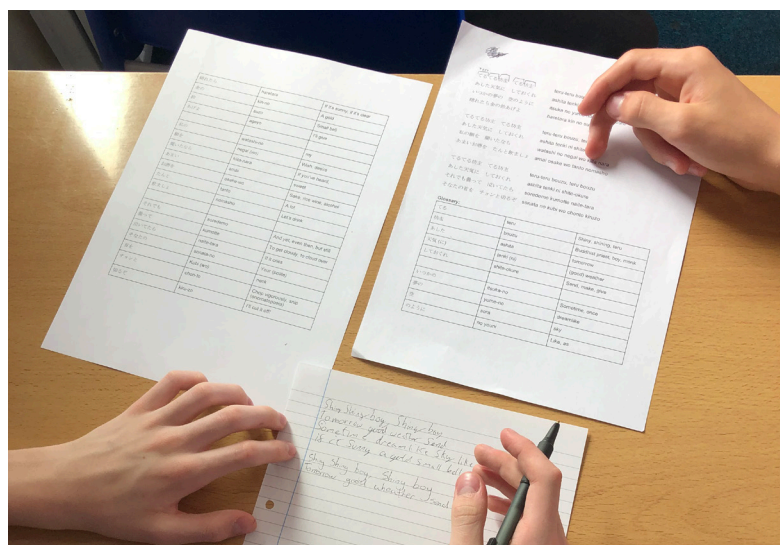
“The Bourne Community College is thrilled to announce that our school has achieved the Bronze School Award from the prestigious Global School Alliance! It’s a testament to the hard work and dedication our amazing students and staff. Thank you to everyone who made this achievement possible!”

Miss Patrascu
 Leader of Spanish and International Co-ordinator

Translation

“Our year 10 French students had the opportunity to further their knowledge on translation thanks to our former student Frances Stuttard. Frances is currently studying translation and interpretation at the University of East Anglia. She delivered a workshop about translation, showing our students how much language is linked to culture by getting them to guess the meaning of idioms in a variety of languages. They had a lot of fun reading some of their translations and then watching a video of the Japanese song they were trying to decipher. This gave students a great insight into translation and all its uses”.

Mrs Riedmuller
 Leader of MFL



Design & Technology



Sports Day Medals

“Bourne Community College’s amazing year 7 students have been designing medals for the upcoming Sports day. Medal designs have been voted for by students, and Mrs Sharma has selected the winning medal design that all sporting event winners will receive on the day. A huge congratulations to Aaron who has designed the winning medal that will now be laser cut in gold acrylic with an Olympic ribbon attached to the top.

Well done to all year 7’s for a fantastic effort in designing your medals”.

Miss Newman
Leader of Design & Technology



Food & Nutrition



Year 7's Anzac Biscuits

“Year 7 Food & Nutrition students nailed their Anzac biscuits during their lesson. We even had one student show off their creativity by making an Anzac biscuit chef!”

Miss Quinn
Leader of Food and Nutrition





Year 10 Street Food

“A huge well done to our amazing year 10’s who have made some fantastic first trial street food dishes for their mock coursework. The finalised dishes were delicious!”

Miss Quinn
Leader of Food and Nutrition





Healthy Eating Week- Day 1

“During day 1 of the healthy eating week, students created a fruity flapjack for people to try at break time. The recipe was a huge success and we had many returning for seconds”.

Miss Quinn
Leader of Food and Nutrition



Healthy Eating Week- Day 2



“During day 2 of the healthy eating week, students were making fruit smoothies and roasted chickpea snacks. The Smoothies went down a treat and even as some students weren’t sure about trying the chickpea snacks, they got some very positive feedback.”

Miss Quinn
Leader of Food and Nutrition



Sports Leaders Event At Bosmere Junior School

From the Deputy Headteacher Bosmere Junior School:

“Bosmere Junior School were very grateful to the Sports Leaders from Bourne Community College for coming at short notice to support with running the annual Sports Day. The Sports Leaders arrived very promptly and spent a whole morning working alongside our teachers and support staff on different activities. It would have been very difficult for our staff to run these activities and stick to planned timings without their help. Some Leaders were scoring whilst others were helping organise/resetting equipment with each group. The Leaders certainly looked very smart and professional and those that I spoke to were courteous and respectful. Thank you again to the Bourne pupils and staff for your help”.

From our leaders:

“We like being sports leaders because we get to help younger children with sports and we are able to help them improve their skills. We really like that we are able to inspire younger students. It makes us feel important and we really enjoy working with the younger children. We can help them boost their confidence and we inspire them not to give up. Being a sports leader really boosts our confidence, especially when we are working with children that we have never met. We look forward to having more opportunities like this in the future”.

From our Leadership Academy students (West Sussex wide programme for girls on outstanding leadership for selected students):

“We have loved learning how to coach, officiate and plan sports, which will help us in later life with whatever we choose to do. We feel involved, empowered, and we like to inspire the younger children. It’s a good opportunity for us to build our confidence and work with other girls our age with the same interests. It’s given us aspects of independence and we are having to use our own initiative when coaching on our own. Next week, we are looking forward to coaching and officiating our last girls football event of the year that we have planned. It’s a chance for us to inspire the younger girls and showcase what we have learnt throughout this course. We have also learnt key skills like safeguarding and first aid, which can be very useful for later life. We have completed our qualification on this course that will be added to our CV, which will help us when applying for jobs in the future. We completed this qualification at the highest level (gold), meaning we won prizes at the end, which not many other students did”.



Leadership Academy

The leadership academy is run by the West Sussex West School Sport Partnership and funded via the Barclays Girls Football School Partnerships (BGFSP). The leadership academy programme has been running successfully for over a decade, and the last two years tweaked agendas to support the BGFSP mission, to ensure equal access by 2024. This covers playing, coaching and officiating. The WSW SSP leadership academy targets the best female sports leaders across the area to come together enhance their CV, gain opportunities and training, preparing them for any role in Women's sport and education. It uses the power of football to inspire others. Within the course the girls covered first aid, safeguarding, coaching, volunteering and much more. They have gained a formal Active leaders qualification. They ran a Disney girls football festival for over 150-year 1s and then organised, officiated and coaches a Year 3-7 girls football world cup event in the summer.

Part of course included their leadership logs, they had a number of tasks to complete. This included supporting community and school sport. E.g. volunteering at a local girls football clubs for 6 weeks. All the leaders were rewarded on a bronze, silver, gold system depending on how many tasks they completed. Bourne were the highest achieving school. With 3 girls receiving gold and one receiving silver. The girls who were awarded gold received some fantastic prizes and stash. They were even offered paid work in summer holidays to support local children's sports camps. We look forward to seeing them again then and welcoming next years students in January 2024.

Mrs J Acquah
Leader of PE and Dance



Sports Day At The Bourne

“Bourne Community College kept up the heat in our 2023 Summer Sports Day, Thursday 20th July 2023. Our amazing PE department were out setting up the courts, pitches and field for the myriad of sports events planned for the day. In the morning, tutor groups were buzzing; some donning their face paints, others creating strategic plans for victory, but all around the excitement was tangible.

As the day progressed, there was clear determination following students around as they changed their sport after break and another 100 minutes of team work and comradery commenced. The games continued, the sun was kind and by lunchtime some star players were showing their amazing skills. The event was a huge success and all students thoroughly enjoyed themselves, well done to all”!

Mrs J Acquah
Leader of PE and Dance





THE PE DEPARTMENT NEEDS YOUR HELP.

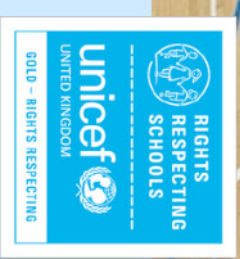
We are looking for sponsors for
equipment and/or kit at The Bourne
Community College

If you can help or know of any companies that
might be interested in sponsoring some PE
equipment and/or kit, we'd love to hear from
you!

Please contact Miss Taylor or Miss Ward at
ptaylor@bourne.org.uk / jward@bourne.org.uk



Bourne
Community College



**WE'RE
EXPANDING!**



**UNDER
14S
YOUTH
TEAM**



Call: 07988120049

Facebook: @afc.southbourne

Email: afcsouthbournesecjoelletownsend@yahoo.com

**WE'RE
EXPANDING!**



GIRLS YOUTH TEAM

Ages Between 10-14



Call: 07988120049

Facebook: @afc.southbourne

Email: afcsouthbournesecjoelletownsend@yahoo.com

The Enthuse Project



Bosham Visit 06/06/2023

On Tuesday 6th June, Bosham Primary came for their STEM rotation. Their science skills were evident as they easily committed to various types of separation. They managed to filter effectively to end with a clear solution of filtrate which they proceeded to evaporate to an effective crystalline salt. They were interested in using it on chips which was clearly prohibited but showed their interest as industrial chemists of the future.

They moved on to Bitbot robots and were given a very quick introduction. They managed to remember a good deal of the processes they did on the last visit and applied them to create tessellated shapes with pens attached to the robots. Their codes worked very well this time and ranged from circles to hexagons.

Ms Perry and Mr Ellis.





Southbourne A Write Up 27th June 2023

On Tuesday 27th June Southbourne A attended Bourne Community College for the Enthuse Partnership STEM afternoon.

This started with Rockets in science, investigating propulsion, based on newton's first law of motion, students researched the direction of travel of balloons depending on the thrust. They found that balloons always travelled in the opposite direction as predicted, however, they were clearly unpredictable. This then moved onto a more controlled experiment using a vessel and vinegar and bicarbonate rockets, in which they were able to determine the direction of travel more accurately and reinforce newton's law that every action there is an equal and opposite reaction.

The students then went on to an engineering challenge to create and cross a suspension bridge, which required learning several knots, which had to be accurate enough to support their weight. This involved engineering habits of minds, including iteration, collaboration and accuracy.

This was enjoyed by all the students and the primary teachers.

Ms Perry and Mr Ellis





Southbourne B Visit 4th July 23

Southbourne attended Bourne Community College on the 4th July for their afternoon of STEM activities.

The children have thoroughly enjoyed visiting the STEM Enthuse Project and often talk about the practical activities they complete as part of the project. Today the children had the opportunity to investigate thrust, by working with film canister rockets. This was a fantastic opportunity for the children to apply all of the working scientific skills whilst re-capping after just learning forces.

Secondly the children built a suspension bridge as part of the engineering aspect of the project, it was lovely to see the children working collaboratively with each other and also learn new practical skills such as knot tying. The development of problem solving and critical thinking skills have also been excellent throughout.

Miss Duncan.

“I have really enjoyed building the bridge. I like working as a team and I am excited to see what it looks like when it is finished.”

Levi

“I have enjoyed all of the activities because I have got to learn new things, such as knot tying.”

Emilie

“I really enjoyed the science experiment because I loved the sound when it popped. I like the fact that we had to set up a rocket with the vinegar and bicarbonate of soda.”

Nicola

“When we did the science I had so much fun. It was funny because it instantly activated and made us all jump. I would recommend other people to come to Bourne because it is great fun.”

Ms Perry

Enthuse Administrator.

Charity



Summer Donations To The Food Bank

“Thank you all so much for your wonderful donations. Between us all, students and staff we’ve collected a phenomenal amount to help Chichester foodbank this summer.

They are so grateful for all that we do to help them and we are already planning some events for next year to raise more donations to keep our support ongoing”!

Miss Owen
Pupil Premium Support Officer

Canteen



Caterlinks Varied Cuisines

“Our Canteen run by Caterlink have made some fantastic nutritional meals for our students over the last few months; with inspiration taken from different countries allowing the students to experience something new. Check out the incredible and diverse range of foods from our amazing chefs here at The Bourne”.





10 Tips to Stay Calm on Exam Day

From Oxford Open Learning

Before the exam:

1. Look forward, not backwards – focus on what you do know and not on what you don't.
2. Look after yourself – sleep, exercise, eat/drink.
3. Be prepared – use revision techniques.
4. Practice your exam technique – use past papers.
5. Practice Mindfulness – to support your relaxation and positive thinking.

During the exam:

1. Learn to calm yourself down – close your eyes and breathe deeply, tell yourself you can do this.
2. Be strategic – be mindful of time and where you can pick up the most marks.
3. Stay positive – you can only do your best.
4. Annotate your question paper – underline keywords, note ideas to help your thoughts to flow.
5. Stay focused – focus on yourself and your exam, not others around you.

You've got this!

Wellbeing Newsletter April/May 2023

Social Pressures at Exam Time:

<https://www.youtube.com/watch?v=c7tMgcUGwVM>

Dear Students, we hope you are well. With GCSE exams on the horizon, we thought it would

be helpful to re-visit the topic of **Exam Stress**.

As you are aware, Exam stress can affect anyone. You may be feeling pressured from school or home to get the grades you need, you may be worrying about doing enough revision, or you may be setting yourself completely unrealistic targets and placing lots of pressure on your self.

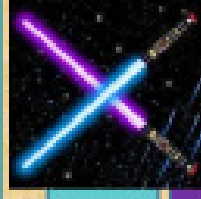
www.the-mix.org advise regarding exam stress as a

Positive Force

to keep you on your toes mentally and force you to focus on the task in hand. Give it a try.

Exams and Mental Health clip:

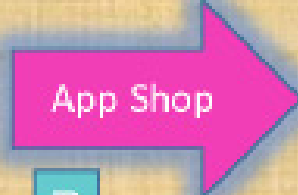
<https://www.youtube.com/watch?v=xkmCZgbZv1o>



Shout textline by
texting YM to 85258



Exam Stress



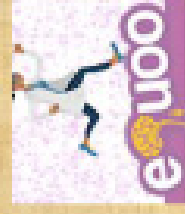
MAY THE 4TH BE WITH YOU



Childline – a free, private and confidential service for under 19s

Call: 0800 11 11

See your LOY for advice: Miss Chappell, Mrs Whitlock, Mrs Tibbetts, Mrs Savage, Miss Davies





Supporting your child to beat exam stress.

Top Tips

- **Look for signs of stress**, it can present differently in everyone (e.g. sleep, eating, headaches, no longer enjoying things they used to). Ask them what you can do to help.
- **Talk about stress/nerves** – remind them it is normal and to put their nerves to positive use.
- **Maintain a healthy routine** – healthy by/fast, planning support – pens etc.
- **Try not to add pressure** – reassure, be positive, give encouragement and put into perspective; you are proud of them 'no matter what'.
- **Be available to Listen** – they may not want to talk, don't pressure them but be available. A walk or drive in the car may help.
- **Unwind after exams** – watch a film together, enjoy a favourite meal etc.
- **Seek additional support if you are concerned:**

Young Minds Parent Line – Family Lives – Childline
MIND – Leader of Year

Dear Parents and Carers, welcome to the April/May Wellbeing Newsletter.
We hope you are well.

For those of you with a child in year 11, you are only too aware that GCSE exams can be a challenging time for young people, and many young people can feel worried and stressed in the lead up to their exams. As parents and carers, it can be difficult to know what we can do to support them. We thought it may be helpful to include some tips in the newsletter on supporting your child during their exams - Place2be.org.uk



www.familylives.org.uk

If you're in financial crisis and live in England or Wales, please call **0808 2082138** for free (open Monday to Friday, 9am-5pm) to talk confidentially to a trained **Citizens Advice** adviser.



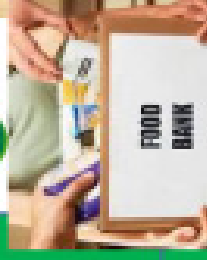
www.stepchange.org

Leaders of Year: Miss Chappell, Mrs Whitlock,
Mrs Tibbetts, Mrs Savage, Miss Davies

Chichester
District

foodbank

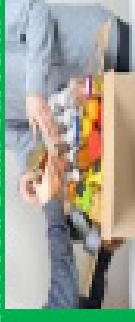
The Family Centre
21 Orchard Street
Chichester
PO19 1DD
Wed 2-4pm
Fri 4-6pm
01243 773687



FOODBANK

Please speak to us about an e-voucher referral to the Chichester Foodbank.

If you are a Hampshire resident please speak with us about a referral to the Beacon Food Bank based in the Meridian Centre.



You can also contact:

One Foundation Food Bank located in Emsworth.

They provide Food parcels, baby essentials and household essentials that can be collected or delivered on Thursday and Friday mornings.

Their mission is helping those who need it the most.

Their helpline is open Monday to Friday,
07835 441076. Or email on...
Foundation@onechurch.fyi



HAF Holiday Clubs @ Tuppenny Barn

Free sessions for key stage 2 and 3 pupils (age 7-14) who are on free school meals



Mondays and Tuesdays

Time- 10am-2pm

24th July- Super Salads

25th July- Summer Fruits

31st July- Beautiful Bees

1st August- Very Veggie

7th August-Perfect Pizzas

8th August- Herby Flavours

14th August- Apple Magic

15th August- Summer Harvest

Lunch and snacks included.



Cooking, food and nutrition, growing food, exploring nature, art and craft and lots of time outside!

For more information see our website: www.tuppennybarn.co.uk

To book a space:

Booking system link- <https://haf.bookinglab.co.uk/westsussex/37147/login>

Please contact your school for help with booking if needed.

Sessions will be held at Tuppenny Barn, Main Road, Southbourne PO10 8EZ



Archery Course

Learn to shoot - for £49
Introduction to Archery
begins on Sunday 16 April 2023
for 5 weeks **10:30 to 12:30** at
Southbourne Leisure Centre

The course includes :

- eye dominance
- equipment assembly
- tournament rounds
- warm up routines
- BAREBOW archery
- arrow ballistics
- scoring
- the longbow
- OLYMPIC recurve
- bow ailments
- ArcheryGB rules of shooting



To register, please apply to the secretary
at **beginners course / bourne55.com**
or email : bourne55archery@gmail.com
for an application form

BOURNE
TENDE ALTUM **55** TENDE VERUS

Summer Reading Challenge 2023



Hampshire
Libraries

Ready, Set, Read!

Presented by The Reading Agency.
Delivered in partnership with libraries.

We need volunteers for the
Summer Reading Challenge
2023!



For ages 14+

Emsworth Library

Please ask staff for more information.

Illustrations by Lorena Schauer and © The Reading Agency 2023

Ready, Set, Read! logo artwork by Louise Bivens and © The Reading Agency 2023



Our Little Place	
Latte	£2.70
Lat White	£2.7
Cappuccino	£2.5
Mocha	£2.80
Americano	£2.6
Espresso	£2.4
English Breakfast	£
Earl Grey	£1.8
Peppermint	£1.8
Decaffe	£1.80

OPENING HOURS
Tue-Sat 8am-4:30pm · Sun 10am-3:30pm

We're located outside
SOUTHBOURNE FARM SHOP

PARENTING THROUGH DIFFICULT TIMES



ONLINE PARENTING COURSE

Non-judgemental support in the privacy of your home



This 3-week course will help you to:

- give your child/ren a sense of calm and safety
- help your children settle in school
- give your child tools for managing their big feelings: increased anxiety, frustration, disappointment
- enjoy parenting in these strange times
- figure this all out in a supportive mini-community of ten parents

LIVE WITH KIM
THREE 2-HOUR
ONLINE GROUP
SESSIONS

with parenting guide and
author Kim McCabe

BONUS VIDEOS
TO RECAP PLUS
EXTRA GUIDANCE

to guide you through the week

PRIVATE
FACEBOOK
GROUP

if you want continued support
during the week

What we can offer you

Interactive short-course for parents of school-aged children, helping you to do your best parenting in this time of uncertainty, guided live by best-selling author Kim McCabe.

Free for parents in West Sussex
until March 2023 (subject to availability)



Is this for me?

- **Is this for Dads too?**

Absolutely. Dads are welcome and encouraged.

- **I've a son aged 5, and daughters aged 8 and 15, is this course for me?**

You will learn tools you can put into immediate use whatever your child's age or gender.

- **Will recordings be available afterwards?**

No, sessions are live, interactive and confidential so we won't record them.

- **How can I contact the organizer with questions?**

For more information about this course, Kim McCabe or her book, please email ukadmin@ritesforgirls.co.uk

"Just do it! Kim's the best, down-to-earth and not preachy"

Mother to toddler and teen and two inbetween

Eye-opening and supportive. Worth every minute."

Mum to boys, age 6 and 8

"It's made me a better mum. I want more!"

Mum to teen girls

"I got exactly what I came for, and more"

Dad to 10 year old

"I'm still getting so much support from the others in my group too."

Single parent of girls, 10 and 8

Who is Kim McCabe?

Kim McCabe, author of 'From Daughter to Woman' and founder director of Rites for Girls CIC specialises in guiding parents. She draws on thirty years experience of working with preteens and teens, of advising parents, and lessons she learned from her own mothering journey with two boys and a girl.

Interested?

*To book a funded place email:
ukadmin@ritesforgirls.co.uk*

funded by West Sussex County Council



@RitesForGirls



ukadmin@ritesforgirls.co.uk



www.ritesforgirls.com

Bourne 2 Connect



All Years

Monday & Thursday
Lunchtime
M1

A fun space to meet
new people, discuss new things and share worries
or concerns with each other.

If your friends are away don't wander around,
come to M1 there are friends to be found.

HEALTH FOR TEENS

GET HELP WITH ALL KINDS OF THINGS LIKE...

HEALTHY EATING RELATIONSHIPS SMOKING
EMOTIONAL HEALTH BULLYING SELF HARM
ALCOHOL & DRUGS ANXIETY SLEEP PUBERTY

VISIT:

WWW.HEALTHFORTEENS.CO.UK



SEE VIDEOS, FIND HEALTH INFORMATION, TAKE QUIZZES,
AND FIND OUT THE TRUTH BEHIND THE RUMOURS

TEXT YOUR SCHOOL NURSE FOR

CONFIDENTIAL HEALTH ADVICE AND SUPPORT:

07480 635424



Follow Us:  @SussexCommunityNHS  @NHS_SCFT

Disclaimer: We may need to inform someone if we are concerned about your safety but we would usually speak to you first. Your messages are stored securely and can only be accessed by other authorised health care professionals who follow the same strict confidentiality rules. We aim to reply to your message within one working day and you should get an immediate message back from us to confirm we have received your text. Texts will only be seen Monday to Friday from 9 am - 4.30pm (excluding bank holidays and weekends). If you need help before you hear back from us, please contact your GP, nearest walk-in centre or dial 111. In an emergency please dial 999. Unfortunately, our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some number masking* mobile apps). To opt-out of receiving messages from a healthcare professional, please text 'STOP' to our number. Messages are charged at your usual rates.

Instruct Leaders to sell
or let your home, and
we will donate up to
£250* to

£250*
school donation

A Selected School of Your Choice



L | LEADERS

LEI020_01_0721

*T&Cs apply. Payable on completion.



Instruct Leaders to sell or let your home and Leaders will donate up to the value of £250 to your chosen local school

Terms & conditions of offer:

1. The offer is only available where a new landlord or new vendor is introduced to Leaders (we have not dealt with them before, they have not registered with us as a prospective or current vendor or landlord or had prior knowledge of their property or property portfolio)
2. For landlords, the offer is available on Rent Collection and Fully Managed services only
3. The offer must be mentioned at the time of the vendor or landlord instructing Leaders and is available on a sole agency basis only
4. The offer is payable per vendor or landlord (and not per property) newly introduced to Leaders
5. No retrospective claims can be made
6. The referral award is only payable once Leaders have sold or let the property and vendor completion or new tenancy has commenced or is under our management
7. The offer is only available in selected branches - please contact your local branch to confirm if they are included
8. The offer cannot be used in conjunction with any other offers
9. Leaders has absolute discretion in determining whether the terms and conditions of this offer have been met



Don't forget to have your

Human papillomavirus
HPV

vaccination

Protecting you from HPV cancers



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flu: 5 reasons to vaccinate your child



1. Protect your child

The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia

2. Protect you, your family and friends

Vaccinating your child will help protect more vulnerable friends and family

3. No injection needed

The nasal spray is painless and easy to have

4. It's better than having flu

The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record

5. Avoid costs

If your child gets flu, you may have to take time off work or arrange alternative childcare

For more information visit
www.nhs.uk/child-flu

Flu  mmunisation

Helping to protect children, every winter

Club List

Activity	Years	Location	Time
PE			
Basketball	All		Monday Lunch 13:05
Matilda Dancers	All		Monday Lunch 13:05
Table Tennis	All		Tuesday Lunch 13:05
Matilda Dancers	All		Tuesday Lunch 13:05
Football	Year 8		Tuesday After School 14:30
Football	Year 9		Tuesday After School 14:30
Netball	Year 7, 8 and 9		Tuesday After School 14:30
Girls Football Fixtures	Year 7, 8 and 9		Tuesday After School 14:30
Matilda Dancers	All		Wednesday Lunch 13:05
Netball	Year 7 and 8		Wednesday After School 14:30
Netball	Year 10 and 11		Wednesday After School 14:30
Football Fixtures	Year 10 and 11		Wednesday After School 14:30
Matilda Dancers	All		Thursday Lunch 13:05
Netball	Year 9, 10 and 11		Thursday After School 14:30
Girls Football	Year 9, 10 and 11		Thursday After School 14:30
Basketball Fixtures	Year 9, 10 and 11		Thursday After School 14:30
Football Fixtures	Year 7, 8 and 9		Thursday After School 14:30
Matilda Dancers	All		Friday Lunch 13:05
Dance	Year 7 and 8		Friday After School 14:30
Football	Year 10 and 11		Friday After School 14:30
Football	Year 7		Friday After School 14:30
Humanities			
Geography Club	Years 7, 8, 9	M3	Tuesday Lunch 13:05
Geography Revision	Years 10 & 11	M7	Thursday Lunch 13:05
History Book Club	All	Library	Friday Lunch 13:05
Eco Club	All	M3	
Art and Design			
Art Class	Year 10 & 11	B6/B7	Tuesday After School 14:30
Technology			
DT NEA Project	Year 11	S3	Tuesday After School 14:30
Music & Drama			
Musical Rehearsals	All	Music Room B11	Thursdays After School 14:30
Show Rehearsals	All	Drama Room	Thursdays After School 14:30
MFL			
Language Club	All	M10	Thursday Lunch 13:05
Japanese Club	All	M9	Thursday Lunch 13:05
Revision	Year 10	M9 / M10	Wednesday After School 14:30
Revision	Year 11	M9 / M10	Thursday After School 14:30
Other			
Homework Club	All	Library	Tue/ Wed After School 14:30
Board Game Club	All	S4	Friday After School 14:30

Key Dates for your Diary 2022

SUMMER TERM 2023

Starts-	Monday 17th April 2023
Half Term-	Monday 29th May to Friday 2nd June 2023
Ends-	Friday 21st July 2023
Summer Break-	Monday 24th July to TBC September 23
Inset days-	Friday 30 June 2023

Please note that dates may be subject to change.

Please check website for updates

Reporting Student Absence

Not feeling well?



Please contact the school by 8.30am



Main line:
01243 375691
Option 5

You can now TEXT



**** NEW****
M: 07798 913415
Text or call



Email:
studentabsence@bourne.org.uk

Please state the students **name, year group and reason** for absence.

Remember to let us know each day the student will be absent.

Bourne

Community College

Scan the QR Codes For:
Twitter, Electronic Newsletters and Website.



Bourne
Website

Bourne
Newsletters

