

Bourne

Community College

Kindness Respect Determination



Welcome to Personal Development



General Overview

Personal Development encourages students to learn more about themselves as growing and changing individuals. Students will have the opportunity to acquire the knowledge, skills and understanding necessary to enable them to make informed decisions about all aspects of their lives, as they develop from children into young adults.

Students will also learn to respect the views, needs and rights of others, including people of different genders, ages and cultures to themselves.

Citizenship forms part of the Personal Development curriculum. Students cover issues such as Rights and Responsibilities, Discrimination, and how they can contribute positively as active, caring citizens both in school and within the communities in which they live.

Aims

Learning and undertaking activities in Personal Development contribute to the achievement of all students to become:

- confident individuals who are able to make informed decisions and live safe, healthy and fulfilling lives
- responsible citizens who respect the rights of others and make a positive contribution to society.

Personal Development also makes a major contribution to the statutory responsibilities on schools to:

- promote children and young people's well-being
- promote community cohesion
- Provide impartial careers guidance/education and relationships and sex education

Our Curriculum

Personal Development lessons take place once a week in all year groups.

Year 7

- Celebrating Differences
- Puberty & Body Development
- Managing Change
- Friends, Respect & Relationships
- Staying Safe Online & Offline
- Exploring Career Options

Year 8

- Equality & Diversity Explored
- Physical Health & Mental Wellbeing
- Proud to be me
- Identity, Relationships & Sex Education
- Dangerous Society Online & Offline
- Employment Sectors and Careers

Year 9

- Body Confidence
- Essential Life Skills
- Sex, the Law & Consent
- Contraception & STIs
- Legal & Illegal Drugs
- World of Careers

Year 10

- Exploring British Values
- Mental Health & Wellbeing
- Rights & Responsibilities
- Risk, Relationships & Sex Education
- Exploring World Issues
- Career & Employment Options/Workforce Preparation

Year 11

- Adult Health & Looking After Yourself
- Your Future & Beyond
- Sexual Health
- Staying Safe

There are no qualifications taken in Personal Development

Trips & Activities

Personal Development and Careers are at the heart of all trips and educational visits as they help enhance the social, personal and emotional development of all our learners.

They help teach life skills, build on social skills and improve independence and self-confidence.

- Work Experience Opportunity in Year 10
- College Taster Day in Year 10
- Further Education activities
- Visiting speakers from the world of work
- Visiting speakers from outside agencies
- Careers Fair

Staff

Mrs Helena Jewer	-	Curriculum Leader Personal Development
Miss Amy Gould	-	Teacher of Drama & Art
Mrs Cindy Kemp	-	Head of BSSC
Miss Paula Taylor	-	Teacher of PE
Mrs Jo Acquah	-	Curriculum Leader PE
Miss D Quinn	-	Curriculum Leader of Food Technology
Mrs Julie van Walt	-	Teacher of Science
Miss Juliette Poisson	-	Teacher of MFL
Mr Tony Clarke	-	Teacher of Science
Mrs Charlie Cluff	-	Curriculum Leader Art
Mrs Jo Church	-	Curriculum Leader Science
Mr Nathan Pragnell	-	Teacher of English
Miss Teona Patrescu	-	Teacher of MFL