

WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION

#1

CLASSIC BEEF LASAGNE

With Garlic Bread



HOT WOK CHICKEN NOODLES

BUTCHERS SAUSAGE & MASH

with Onion Gravy

SPICE & RICE

CHICKEN KORMA

with 50/50 Rice

BATTERED FILLET OF FISH

served with Chips & Tartare Sauce

OPTION

#2

QUORN AND BLACK BEAN FAJITAS

with Rice



CAJUN SWEET POTATO & SPINACH TART

with New Potatoes

VEGGIE SAUSAGE & MASH

with Onion Gravy



SWEET POTATO, CHICKPEA & SPINACH TIKKA

with 50/50 Rice



GREEK SPINACH & FILO PARCELS

and Chips

ON THE SIDE

Green Beans
Carrots

Sweetcorn
Roasted Broccoli

Red Cabbage
Peas

Roasted
Cauliflower &
Sambals

Peas
Coleslaw

DESSERT OF THE DAY

LEMON DRIZZLE SPONGE

BLONDIE WITH BERRIES

APPLE & CHERRY OATY CRUMBLE
with Custard

FRUIT MUFFIN

PINEAPPLE UPSIDE DOWN CAKE

ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

CHECK OUT...

OUR HOT AND COLD
GRAB & GO SELECTION

MENU KEY

ADDED PLANT PROTEIN  VEGAN OPTION  SOURCE OF WHOLEMEAL 

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

**WEEK
TWO**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**OPTION
#1**

**CHEESE AND
ONION QUICHE**
With New
Potatoes

**STREET
FOOD**

**SPICY
CHICKEN**
With Khobez and
Tabbouleh Salad

**THE CLASSIC
ROAST DINNER**
with all the
trimmings

**BEEF
MEATBALLS IN
TOMATO SAUCE**
with 50/50
Rice

**FISHFINGERS
OR SALMON
FISHCAKES**
with Chips

**OPTION
#2**

**GREEN THAI
VEGETABLE
CURRY**
with Rice

**HOUMOUS AND
FALAFEL**
With Khobez
and Tabbouleh
Salad

**BUTTERNUT &
BEETROOT
WELLINGTON**
with Roast
Potatoes & Gravy

**TOFU AND
BROCCOLI WOK
FRIED RICE**

**LOADED
HOUND DOG**
with
Chips

**ON THE
SIDE**

Roasted Butternut
Squash
Cauliflower

Red Cabbage
Slaw and Roasted
Chickpea Salad

Broccoli
Sweetcorn

Carrots
Green Beans

Baked Beans
Garden Peas

**DESSERT OF
THE DAY**

**CINNAMON APPLE
TURNOVER**

SYRUP SPONGE

**PLUM & VANILLA
CRUMBLE**
with Custard

VANILLA SPONGE

CARROT CAKE

ALSO AVAILABLE!

**SOUP OF THE DAY
FILLED JACKET POTATOES**

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GRAB & GO SELECTION**

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ADDED
PLANT
PROTEIN



VEGAN OPTION



SOURCE OF
WHOLEMEAL

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feeding the imagination

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THREE**

MONDAY

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**OPTION
#1**

**STICKY SOY
AND HONEY
NOODLES**

THE MEXICAN KITCHEN

**MEXICAN
BEEF CHILLI**
with 50/50 Rice
or Soft Tacos

**CREAMY
CHICKEN PIE**
with Crispy
Roasties &
Gravy

**CHICKEN
KATSU
CURRY**
with Rice

**BATTERED
FISH**
with Chips &
Tartare Sauce

**OPTION
#2**

**VEGETABLE
PLAIT**
with New
Potatoes and
Gravy

**MEXICAN
VEGETABLE
RICE**

**ROAST QUORN
& YORKSHIRE
PUDDING,**
Crispy Roasties
and Gravy

**SMOKEY BBQ
PLANT BALLS**
with Couscous/
Spaghetti

**THE BIG PLANT
BURGER**
with Chips

**ON THE
SIDE**

Green Beans
Sweetcorn

Pineapple
Salsa & Slaw

Roasted Carrots
Swede

Broccoli
Roasted
Vegetables

Garden Peas
Baked Beans

**DESSERT OF
THE DAY**

**WARM BANANA
FLAPJACK**

SCHOOL CAKE

**CHOCOLATE
SHORTBREAD
CAKE**

**STICKY TOFFEE
APPLE CRUMBLE**
with Custard

**PANCAKES &
CHERRY SAUCE**

ALSO AVAILABLE!

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FILLED JACKET POTATOES**

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